

FAST Scoring Key

For the following questions please **circle** the answer which best applies:

1 drink = ½ pint of beer or 1 glass of wine or 1 single spirits

1. MEN: How often do you have EIGHT or more drinks on one occasion
WOMEN: How often do you have SIX or more drinks on one occasion

0	1	2	3	4
Never	Less than monthly	Monthly	Weekly	Daily or almost daily

2. How often during the last year have you been unable to remember what happened the night before because you had been drinking?

0	1	2	3	4
Never	Less than monthly	Monthly	Weekly	Daily or almost daily

3. How often during the last year have you failed to do what was normally expected of you because of drinking?

0	1	2	3	4
Never	Less than monthly	Monthly	Weekly	Daily or almost daily

4. In the last year has a relative or friend, or a doctor or other health visitor been concerned about your drinking or suggested you cut down?

0	1	2	3	4
Never	Less than monthly	Monthly	Weekly	Daily or almost daily
